



NEWSLETTER

26.03.2021

Attendance

92.3%

Easter



Easter holiday break

29 March – 9 April

**Monday, 12th April is a Staff
INSET day.**

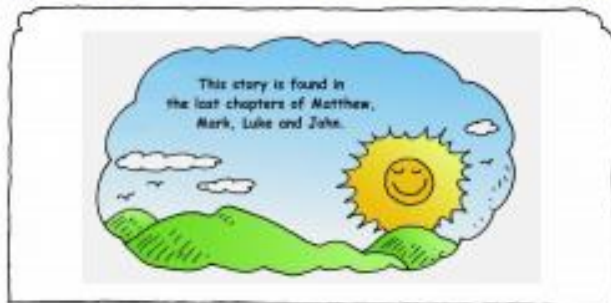
No school for pupils!

THE Easter story

Print Free: www.lambsongs.co.nz

By Jill Kemp

Illustrated by Richard Gunther



In the Bible we can read the good news about the very first Easter. This is what Jesus' friends saw.



Jesus had twelve special friends who went everywhere with him and saw the miracles he did. They listened to his stories about God.



One day Jesus said to them, "It will soon be time for me to go away, but first some sad things will happen, but I will come back again."



Jesus went into the garden to pray. He knew it was time for him to die on the Cross. The soldiers came to get him.



Jesus was put on the cross on the top of a hill. Soldiers stood guard. His friends were sad.



When Jesus died they put him in a cave tomb with a big stone across the door. Soldiers stood guard.



On the third day God rolled the stone away. The soldiers were frightened and they ran away.



Then his friends saw Jesus! "See I am alive again, just as I told you," Jesus said. "Go and tell your friends the good news."

EASTER Rhyme

Print Free: www.lambsongs.co.nz

By Wendy Webster

Illustrated by Richard Gunther



At the very first Easter
What would you see?
Jesus praying and His
Friends fast asleep



At the very first Easter
Just the next day
The soldiers came
And took Jesus away.



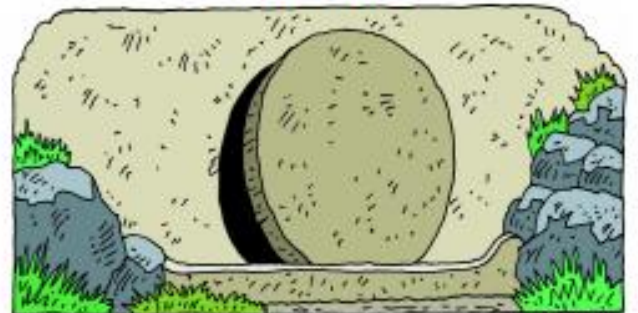
At the very first Easter
The people got mad,
They didn't believe
That God was his dad!



At the very first Easter
His clothing got torn
And they made Jesus wear
A crown of thorns.



At the very first Easter
He walked up a hill
He was put on the cross
And we remember it still.



At the very first Easter
He lay dead in a tomb
With a stone for a door
And a cave for a room.



At the very first Easter
On the third day
An angel rolled
The stone away.



At the very first Easter the angels said
"Jesus is risen, He is not dead!"
Then Jesus appeared and He told his friends,
"Look I am alive again."



Schools Bulletin

Diocese of Chelmsford Education Department

Promoting life in all its fullness through Education across Essex and East London

Church schools are inclusive communities, welcoming people of all faiths and none. They are respectful and not coercive. Yet they are clear about what inspires them and are serious about their allegiance to Jesus as their inspiration and guide. They are fundamentally serious about their Christian identity.

This means that for them, the person of Jesus Christ and Easter is of pivotal importance. The journey to Easter poses the question, 'How serious are you?' The journey to Easter is where the going gets tough. Even Peter, the most loyal yet headstrong of the disciples, was found wanting, distancing himself when repeatedly challenged before the cock crowed. The Holy Week journey to Easter poses the same question to us all in our schools. How serious are you? For those who are, the Easter promise of a new and eternal dawn awaits.



A friend wrote this prayer:

*Risen Christ, when darkness overwhelms us may your dawn beckon.
When fear paralyses us may your touch release us.
When grief torments us may your peace enfold us.
When memories haunt us may your presence heal us.
When justice fails us may your anger ignite us.
When apathy stagnates us may your challenge renew us.
When courage leaves us may your spirit inspire us.
When despair grips us may your hope restore us.
And when death threatens us may your resurrection light lead us.
Amen.*

Revd Tim Elbourne
Director of Education

Virtual Easter Service

Please look at the Virtual Easter Collective Worship.

Building on the theme of this Worship, please reflect on the following question:

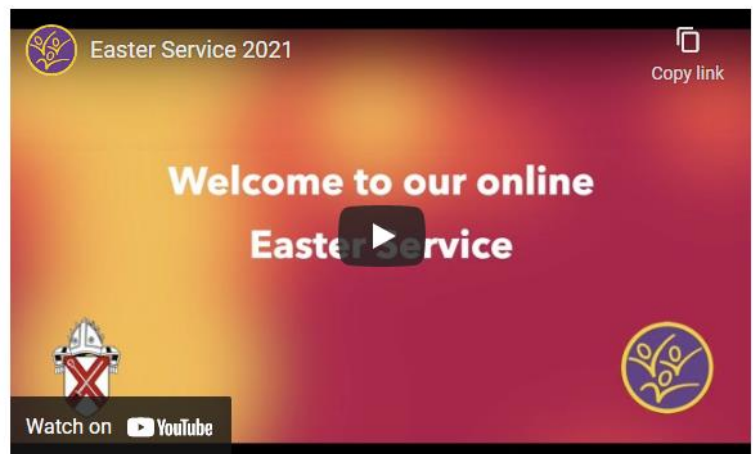
***Every day we walk through all sorts of doors where we may meet different people, have different experiences and different opportunities. Who or what would be behind your door?
My door takes me to.....***

<https://www.cdbe.org.uk/schools/collective-worship/easter-service-2021>

Easter Service

Welcome to our Online Easter Collective Worship which we hope many of you will be able to share with your school families.

You can watch the service here or via our [YouTube channel](#).

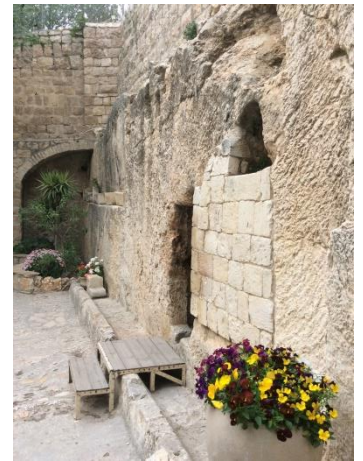
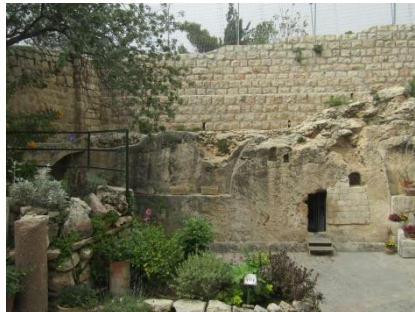




May you be deeply drawn into the love that God came to show us in Jesus' death on the cross during Easter and may the power of His resurrection illuminate your heart and world!

Have a blessed Easter.

The Garden Tomb - Jerusalem



Hot cross buns

In Great Britain people have always enjoyed the traditional Good Friday breakfast of hot cross buns. They are also served throughout Easter.

A hot cross bun is a spiced sweet bun usually made with fruit, marked with a cross on the top, and traditionally eaten on Good Friday in the United Kingdom; Ireland;

Australia; India; New Zealand; South Africa; and some parts of the Americas, including Canada and the United States.



The bun marks the end of Lent and different parts of the hot cross bun have a certain meaning, including the cross representing the crucifixion of Jesus, and the spices inside signifying the spices used to embalm him at his burial. (https://en.wikipedia.org/wiki/Hot_cross_bun)

During the olden times, around the 19th century, on the streets of London, these buns were sold at the cry of "hot cross buns!" Similar to today's fruit market vendors, crying out: "A pound a bowl!"



Hot cross buns (glazed with honey) – Vegetarian

When it comes to Easter, you can't beat indulging in a lovely, sticky hot cross bun. Give this recipe a go – I promise you'll never buy the shop bought versions again. " Jamie Oliver

<https://www.jamieoliver.com/recipes/bread-recipes/hot-cross-buns/>

NUTRITION PER SERVING

Calories	Fat	Saturates	Sugars	Protein	Carbs
231	5.1g	2.8g	12.3g	6.4g	39g
12%	7%	14%	14%	13%	15%

OF AN ADULT'S REFERENCE INTAKE

MAKES 12

COOKS IN 2 HOURS 30 MINUTES

DIFFICULTY NOT TOO TRICKY

Ingredients:

- 200 ml semi-skimmed milk
- 55 g unsalted butter
- 2 x 7 g sachets of dried yeast
- 455 g strong bread flour , plus extra for dusting
- 1 teaspoon mixed spice
- 1 teaspoon cinnamon
- 1 whole nutmeg , for grating
- 55 g caster sugar
- 2 balls of stem ginger
- 1 large free-range egg
- 2 tablespoons plain flour
- 55 g sultanas or raisins
- 30 g dried cranberries
- 2 tablespoons mixed peel
- runny honey



Method

- 1) Add the milk and 50ml water to a small pan and place over a low heat for a few minutes, or until slightly warm – you should be able to dip your finger in without scalding it.
- 2) Add the butter to a separate pan and place over a low heat for a few minutes, or until melted, then set aside.
- 3) Transfer the warmed milk mixture to a medium bowl and stir in the yeast.
- 4) Sift the flour into a large bowl, then add 1 teaspoon of sea salt, the spices, a few good scrapings of nutmeg and the sugar. Finely chop the stem ginger and stir it into the mix.
- 5) Make a well in the centre and pour in the melted butter, followed by the yeast mixture. In a separate bowl, beat the egg and add it to the bowl.
- 6) Using a fork, mix well until you have a rough dough, then transfer to a clean flour dusted work surface and knead for around 10 minutes, or until soft and springy.
- 7) Return the dough to a flour-dusted bowl, cover with a damp tea towel and leave to prove in a warm place for at least an hour, or until doubled in size.
- 8) Transfer the dough to a clean flour dusted work surface. Knock the air out by bashing it with your fist, then sprinkle over the dried fruit and mixed peel and knead into the dough for 1 to 2 minutes.
- 9) Preheat the oven to 190°C/375°F/Gas 5. Grease and line a large baking tray.
- 10) Divide the dough into 12 equal pieces and roll each into a ball, evenly spacing them out on the tray as you go.
- 11) Cover with the tea towel and leave in a warm place for a further 30 minutes, or until doubled in size.
- 12) Place the plain flour and 2 tablespoons water into a small bowl and mix to a thick paste.
- 13) Gently pat down the risen buns then use the batter to carefully trace a cross over the top with a piping bag or spoon.
- 14) Place the buns into the preheated oven for 15 to 20 minutes, or until golden brown.
- 15) Transfer to a wire cooling rack, brush over a little honey to glaze, then leave to cool.
- 16) Slice open the sticky hot cross buns, spread with a little butter and serve – delicious

Tips

- *Swap the raisins and dried cranberries for your favourite dried fruit, if you prefer – when I fancy a change, I love chopped dried apricots or sour cherries.*
- *If you want to keep the buns lovely and fresh for longer, soak the dried fruit in fruit juice for a couple of hours beforehand.*

Reception class and Easter

Caterpillars class took part in a number of Easter activities.



We tried and tasted hot cross buns... and made Easter nests as part of Food Technology.



Ingredients

- 200g milk chocolate , broken into pieces
- 85g shredded wheat , crushed
- 2 x 100g bags mini chocolate eggs

You'll also need

- cupcake cases

Method

- Melt the chocolate in a small bowl placed over a pan of barely simmering water.
- Pour the chocolate over the shredded wheat and stir well to combine.
- Spoon the chocolate wheat into 12 cupcake cases and press the back of a teaspoon in the centre to create a nest shape.
- Place 3 mini chocolate eggs on top of each nest.
- Chill the nests in the fridge for 2 hrs until set.



Easter activities around school



Staff got Easter Eggs from the Easter bunny (Dr Lawson).



Easter Egg hunt around the school.



Reception class made cards.



Years 1 and 2 made two sets of cards!



Years 3 and 4 made glass stained pictures.



Years 5 and 6 made glass stained crosses.

What else happened in school this week?



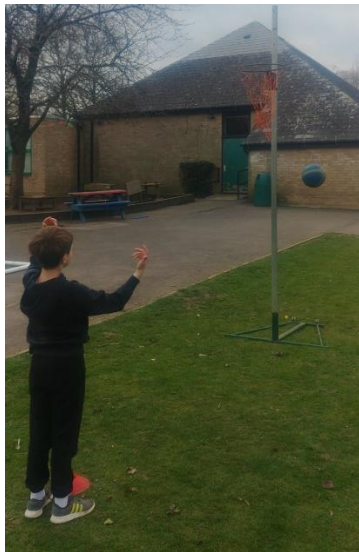
The Playground had a bit of a clean.



Mini-Olympics in aid of Red Nose Day

On Wednesday, Scott from SCS hosted the mini-Olympics with Key Stage 2.

Well done to everyone who participated.



Reminder:

- PE days will continue to be on Tuesdays and Wednesdays.
- Class teachers will teach PE on Tuesdays.
- Scott will be in on Wednesdays to teach the PE lesson. Unfortunately, we had to reduce Scott's allocated slots due to budget constraints. We are really happy that we can retain Scott for one day per week next term.
- Please make sure pupils have the appropriate PE kits for these days.
- Please send in a named bottle of water in to school for PE sessions.

Red Nose day – 19 March 2021



THANK YOU
for supporting Red Nose Day

Dr Walker's Church of England Primary School raised

£99.71

Volunteers – painting of the school interior

If there are any volunteers willing to help decorating/painting classroom interiors over a weekend (after Easter), please let the school office know. We are planning to get this done in April/May.

Thanks to those who have volunteered so far! We will be in contact.

Parent governor vacancy

There is a vacancy on the governing body for a parent representative. Please contact the school office if you are interested to stand. We will then email you a form to be completed and request two recommendations. An election will take place if there are a number of candidates. A copy of the terms of office will also be emailed to interested individuals.

Deadline for interest is Friday: 16th April 2021



PTA

Please contact the school office if you are interested to join the Parent Teacher Association for more information. A number of staff has already shown an interest.

The main aim is to be involved in fundraising and social events for pupils, parents and teachers – **OUR COMMUNITY!** The goal is to provide extra resources and, in some cases, making it possible for activities such as school trips to happen.

To help make us make our school a better place, we need the expertise and advice of the local community.

Please contact the school office if you can offer or know of any tradesmen that can help the school:

- Handyman
- Carpenter
- Electrician
- Plumber



School Menu

Our kitchen staff has updated the weekly menu for those on site. The 3-weekly menu is published on the school's website. We are continuing to offer balanced hot meals daily for those on site.

Menu One served on weeks commencing:

12th April 2021 & 26th April 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains Option	Tomato Pasta	Chicken Korma Curry	Roast Gammon	Homemade Sausage Roll	Harry Ramsden Fish Fillet
Vegetarian Option	Macaroni Cheese	Panini With choice of Filling	Quorn Fillet	Cheese Whirl	Folded Omelette
On the Side	Homemade Crusty Bread Broccoli Mixed Salad Choice	Basmati Rice Mixed Salad Choice Naan Bread	Roast Potatoes Green Beans Carrots Optional Gravy	Mashed Potato Peas Or Baked Beans	Chips Baked Beans Sweetcorn
For Dessert	Peaches & Ice Cream Optional Wafer	Iced Sponge	Fruit Platter	100% Fruit Lolly	Syrup & Cornflake Tart Custard

Also available daily: Bread, Salad, Fresh fruit, Yoghurt. Fresh milk or water.

Best wishes,

**Dr L Lawson
Headteacher**



Easter Activities 2021



The Epping Forest Inclusion Project are pleased to announce their activities for Easter 2021.

The Epping Forest Inclusion Project and Active Essex have come together to be able to offer ActivAte for children in the Epping Forest District.



These clubs are completely free for children & young people with SEND aged 5-13, who are eligible for benefits based free schools meals or working families who need additional support. Clubs will include fun activities, including sports and arts & crafts, for 4 hours a day over 8 days of the holidays. Plus every child will get a healthy, tasty lunch.

The full criteria for free places is on the booking page. If you do not meet the criteria and would still like to attend, then there is an option to pay for your place. Due to the COVID restrictions parents are unable to stay, and we are unable to have siblings. However, if you have a sibling that might meet the requirement please let us know as we may be able to help!

29th March-2nd April 10am-2pm at Leverton Primary School
6th April-9th April at Ongar Primary School.

Athletics

Join us in Loughton where we'll be playing lots of different Athletics based games practicing and improving our skills. We'll be working on balance, co-ordination and more skills all while having fun. Have a go at sports such as shotput, discus, long jump and more!

£4 per child- siblings welcome

Thursday 1st April 2pm-4pm

Thursday 8th April 2pm-4pm

Zoom Activities

Monday 29th March 4pm-4.30pm Yoga

Wednesday 31st March 3.30pm-4.30pm- Follow A Long Easter Craft

Thursday 1st April & 8th April 6pm-6.30pm Boxing

For more information or to book a place at any of these activities go to

<https://eppingforestdc.bookinglive.com>

Have a question? Contact Olivia oworsfold@eppingforestdc.gov.uk

Essex ACTIVate

Active Essex is offering a range of ActivAte clubs over the Easter holidays!

These clubs are completely **free** for young people who are **eligible for benefits based free schools meals or working families** who need **additional support**. Clubs will include **fun activities**, including **sports and arts & crafts**, for **4 hours a day over 8 days** of the holidays. Plus every child will get a **healthy, tasty lunch!**

Mental Wellbeing Hub

Delivering **supported activities** over **shorter sessions**, in **smaller groups**. Activities will be **sensitive** to the children's needs, focusing on **gentle social transition** and **coping exercises** to help with the move back to community engagement.



SEND Activity Hub

There will be **SEND Hubs** across Essex, delivering **specialist workshops**. These will provide **coaching** and **inclusive physical and enrichment activities** for SEND pupils, to ensure they get the **best** out of their Easter Holidays. Use the link below to book a place.

Local Activity Clubs

Our holiday clubs, run by **locally trusted organisations**, offer a range of **physical and enrichment activities** for children across Essex. Ensuring they have a **fun, memorable and healthy** Easter break.



All activities will be delivered within government guidelines, and children will be placed in a 'bubble' for the

If your child is eligible but does not require this additional face to face support, then we are pleased to also be offering **fun virtual activities, activity packs and food support**.

For more information please head to www.activeessex.org/activateeasterbooking